

MIDWIFERY STUDENT ORIENTATION HANDBOOK

Lyell McEwin Hospital

2023

Nursing and Midwifery Education,
Research and Practice Development
Department



Government
of South Australia

Health

Northern Adelaide
Local Health Network

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1.1	July 2022	January 2023	Updated Midwife Educator July 2022



1.2	October 2022	January 2024	Updated Midwife Educator October 2022
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WELCOME

It is with great pleasure that we welcome you to the Northern Adelaide Local Health Network (NALHN), Women and Children's (W&C) Division. NALHN services the northern area of South Australia and therefore the NALHN W&C Division is responsible for the health and well-being of a vast population. Situated on Kurna Land we acknowledge the Kurna people as custodians of this land and honour the Aboriginal and Torres Strait Islander women past and present who have birthed on this land for over 65000 years.

The NALHN Maternity Unit is the second largest maternity service in SA, with more than 3800 babies born each year. When you are here on clinical placement you will notice that the staff are a welcoming and friendly team with collaboration occurring between allied health, medical and midwifery staff. NALHN also recognises that for staff to provide world class woman centred maternity care we need to ensure that the work environment is safe and well defined. By well defined, NALHN recognises there must exist resources and support structures to enable staff to make informed decisions, critically think and remain woman focused.

NALHN is the only hospital within South Australia and Australia to have the world renowned Mother Carer Program for postnatal women. The Lyell McEwin Hospital (LMH) also provides outstanding Home Visiting services, Perinatal Mental Health services, and a Continence Nursing Service for all women who access NALHN maternity services. LMH is accredited as Baby Friendly and has been since 2000. NALHN sets a high standard in maternity care and we envisage that your clinical placement will provide you with the opportunity to develop your skills and knowledge in midwifery.

NALHN recognises that you, as midwifery students, are the future of the midwifery workforce and as such are to be highly valued and supported during the time of your clinical placement. You will experience a wide range of options through your placement in both high and low risk midwifery care in the Birthing Assessment Unit, Birth Centre, Northern Area Midwifery Group Practice, Women's Assessment Unit and Antenatal Clinics as well as exceptional antenatal, gynaecological, postnatal and neonatal care experience in the Women's Health Unit, Home Visiting Midwives, and the level 5 Special Care Nursery.

Beginning a new role in unfamiliar surroundings can bring excitement, challenges and trepidation and we acknowledge that clinical placement can be daunting. To this end NALHN offers support from the Clinical Midwives in each unit as well as the Midwifery and Neonatal Educators. We look forward to working with you and your University Clinical Facilitator to ensure that you have the opportunity to develop your knowledge and clinical skills in the time that you are on clinical placement at NALHN.



Message from Chief Executive Officer

I am delighted to present the Northern Adelaide Local Health Network (NALHN) Strategic Plan Summary 2020-25. This provides a high level summary of our vision and direction for our health services to the communities of the north and north-east of Adelaide.

We remain committed to providing health services delivered by our excellent staff that are innovative, consistently high quality and compassionate.

The Strategic Plan marks the beginning of the next phase of NALHN's journey in supporting our community to have the best possible health and wellbeing throughout their life.

OUR VISION

Our community has the best possible health and wellbeing throughout their life.

OUR PURPOSE

To deliver exceptional health and wellbeing services that enhance the quality of life for our community.

OUR VALUES

Values are at the heart of our organisation and inform our culture and how we work.

In NALHN we believe that:

Everyone has a story; Everyone matters; Everyone contributes; Everyone grows.

Why we believe this:

- > **Everyone has a story** – We are compassionate and will walk a mile in your shoes – patients, families and staff.
- > **Everyone matters** – We are welcoming, respectful and inclusive. In NALHN, rank doesn't have its usual privileges.
- > **Everyone contributes** – Everyone builds the culture and makes NALHN better. We listen and learn.
- > **Everyone grows** – We promote recovery, wellbeing, creativity and innovation. We are all on a growth journey – patients, families and staff.

OUR LOCAL HEALTH NETWORK

- > Lyell McEwin Hospital – the major hospital in the north and north-east for emergency care, complex and multi-day surgery, medicine, obstetrics, paediatrics and outpatient services
- > Modbury Hospital – a general hospital with emergency care, elective surgery, medicine, outpatient and sub-acute services, rehabilitation, geriatric and palliative care
- > Primary health, sub-acute and transitional care services, including GP Plus Health Care Centre Elizabeth and GP Plus Super Clinic Modbury with a satellite site at Gilles Plains
- > Watto Purrunga Aboriginal Primary Health Care Service sites Muna Paeindi, Kanggawadli, Maringga Turtpandi and Wongganga Turtpandi
- > Northern Mental Health services across community and hospital settings, including adult and older persons' mental health services as well as statewide forensic mental health services.



STRATEGIC IMPERATIVES

Our six strategic imperatives reflect NALHN's priorities for organisational development and investment to achieve Our Vision and Our Purpose. The imperatives have been co-designed with our staff, consumers, Aboriginal people and diverse community.

Inclusive Culture



Inclusive Culture

We are committed to supporting and building our personality in line with our values and determination to provide the best care, every time, by our exceptional staff.

Key priority

Build a value-based workforce, in which staff feel safe to learn, grow, speak up and achieve.

Service Design



Service Design

We deliver services tailored to meet the health needs of our population in the most appropriate, effective and efficient way.

Key priority

Design, develop and review our health services with our consumers and community.

Enhance health service integration through improved, coordinated care across the continuum with our partners.

Support those who need it most by ensuring services meet the needs of our key population groups.

Digitally Smart



Digitally Smart

We develop digitally smart programs and use the latest technology to maximise better health outcomes, reshape how our consumers, communities and partners use technology to interface with us and support staff.

Key priority

Improve our digital infrastructure and embrace technology innovation.

Develop systems that provide timely, accurate information to support effective decision-making.

Sustainability



Sustainability

We embrace sustainability by innovating, improving our efficiency, recognising and managing risk, and continually aligning, optimising and growing our resources and living within our means.

Key priority

Responsible use of resources to maximise services provided.

Strengthen systems to support robust financial management.

Identify opportunities for commercial innovation.

Exceptional People



Exceptional People

We strive to be a workplace of choice that attracts and retains exceptional employees by fostering an inclusive work culture and environment where they feel empowered to grow, contribute and everyone matters.

Key priority

Invest in our people to create a diverse, skilled and agile workforce to deliver world-class health care.

Create a vibrant, values-based place to work and learn.

Build a workforce culture which places care and kindness at the centre of everything we do.

Partnering



Partnering

We create strategic collaborative partnerships to maximise and leverage opportunities to support our growing community.

Key priority

Develop targeted relationships with partners.

Meaningfully and consistently engage with consumers and community.

Learn and innovate through partnerships with universities and research institutions.



INFORMATION FOR MIDWIFERY STUDENTS ATTENDING CLINICAL PLACEMENT

The following information will assist you in preparing for your clinical placement.

ORIENTATION

Information will be sent out to each University to advertise the date and time of each orientation. All midwifery students who attend midwifery clinical placement and Continuity of Care Experiences (COCE) throughout NALHN are required to attend at least one orientation session.

These sessions will contain information about the hospital and what to expect on your clinical placements. There will also be valuable information for those midwifery students attending COCE appointments with women who birth at LMH. If you are unable to attend orientation your clinical placement or COCE may be cancelled.

UNIFORM

Midwifery Students are expected to wear their student identification badge and student uniform to all clinical placement experiences at NALHN including COCE. Uniforms must be in accordance with the education facility uniform policy and NALHNs OWI00204 Dress Code for Nursing/Midwifery staff.

ACCESS BADGE

Each student is required to use an ID access badge to access clinical / non clinical areas. This badge identifies the individual as a student visitor to the hospital.

- The ID access badge requires \$20 deposit and this requires a cash payment to the Cashier
- ID access badges must be collected from the Badge Office and students are advised not to deface the card in any way.
- On completion of clinical placement please return the ID access badge to the cashier's office
- Students are advised that the LMH ID access badge must be worn as well as the education facility identification at all times.

LOST OR STOLEN CARD: REPORT IMMEDIATELY during office hours to ID Badge office ext. 32069, or after hours Security on ext. 29967 AND the Duty Nurse Coordinator pager 6007.



CAR PARKING

Lyell McEwin Hospital has two multi-storey secure car parks for visitors and staff, which are available for use by midwifery students whilst on placement and attending for COCE. Midwifery students are eligible for staff rates to access the multi-storey car park while on clinical placement. Standard rates will apply for attendance at COCE appointments. If you are intending to purchase a weekly ticket, you may take a ticket on your way in and then once you have paid you will be given a different ticket to use on exit. You no longer need a form to access staff rates.

Midwifery students assigned to clinical placement at Modbury Hospital may use the staff car parking facilities at Modbury GP Plus at a cost of \$13 per day. Please note that parking at the Tea Tree Plaza shopping centre is not permitted.

Midwifery Students are encouraged not to park in areas designated for patients and visitors. These areas are regularly patrolled by security and parking fines are enforced.

CLINICAL SUPPORT

You will be allocated to work with a midwife on a shift by shift basis depending on the area of your placement. The midwife you are working with will provide feedback on your daily feedback sheets and is able to assist you in your learning by discussing all aspects of midwifery care relevant to your placement and learning goals.

SHIFT TIMES

Early	0700 – 1530
Late	1300 – 2130
Night Duty	2100 – 0730
Day Shift	0830 - 1700

It is important to be on time for each shift so that you are present for clinical handover.

If you are not able to attend a shift you will need to advise the clinical unit you are allocated to and your university clinical facilitator. Please note that shift times vary in Northern Area Midwifery Group Practice (NAMGP) and Women's Assessment Unit (WAU):

- NAMGP midwifery team will advise you where and when to meet prior to your first day
- WAU shift times will vary depending on skill mix in the unit

ROSTERS

The University will communicate the roster with each midwifery student prior to commencement of each placement.

For clinical placement in Women's Assessment Unit (WAU) or Northern Area Midwifery Group Practice (NAMGP) the roster is provided by the unit. You will need to contact the NMUM of NAMGP or WAU to negotiate the roster **at least** one week prior to your placement (see contact details on page 12).



Any roster changes must be negotiated two working days prior with your university clinical facilitator or the NALHN Midwife Educator. The NMUM, Midwife Educator and your university Clinical Facilitator must be notified of all roster changes.

Extra shifts or make up shifts need to be coordinated either via the university clinical placement unit or the midwife educator. Email Donna Boord at donna.boord@sa.gov.au for any changes to the existing roster, including straight shift swaps. If you are running late for a shift please notify the clinical area of your estimated time of arrival.

- If you cannot attend placement due to sickness you are to advise your university clinical facilitator and the clinical area of your absence.
- If you cannot complete a shift due to sickness you are to advise your university clinical facilitator and the clinical area of your absence.

Please note that there may be up to seven midwifery students in each area at one time so it may not be possible to accommodate roster changes or make up shifts.

CONTINUITY OF CARE EXPERIENCE (COCE) AT NALHN

The W&C Division values continuity of care in midwifery and partner with your university to facilitate the COCE for midwifery students. If you are seeking to recruit women please contact the midwives prior to attending. You can call the midwives at Lyell McEwin Hospital Family Clinic on 8282 1613 or Modbury Hospital Women's & Paediatric Clinic on 816 12289.

If you are attending home visits for COCE with NAMGP or Home Visiting Midwives please contact the service directly to establish that you will be attending.

- Home Visiting Midwifery Service 8182 9252
- NAMGP 8182 9000 and page NAMGP

You will need to attend in uniform and should not enter the home unless you are accompanied by a midwife. Please wait for the midwife to arrive if you are meeting at the woman's home. If attending an elective caesarean with the woman you will need to arrive on the day of surgery at 0730. If the caesarean occurs as an 'emergency' and it is out of usual hours you should attend the Birthing Unit and a midwife will escort you to the operating theatre.

MEDICATION MANAGEMENT

Nursing and Midwifery Medication Management and Administration procedure OWI00551 states the following regarding midwifery students undertaking clinical placement within NALHN:

The NALHN Nursing and Midwifery Medication Management and Administration Procedure (OWI 00551) states the following regarding midwifery students undertaking clinical placement within NALHN:

Midwifery students (undergraduate, postgraduate, re-entry nurse / midwife) undertaking a placement within NALHN:

- Must have completed relevant medication management education (including IV medication administration) within the course the midwifery student or re-entry midwife is enrolled to engage in medication management.
- Must not work outside of their individual scope of practice.
- Are required to practice in accordance with legislative, professional and organisational policies and procedures with respect to medication management.
- Play NO role in handling, checking, preparing, administering and disposing of controlled substances / Drugs of Dependence (S8) or S4R.
- May NOT prepare, check or administer ANY medication without direct and continuous RN / RM supervision.
- Are permitted to prepare and administer medication that is usually undertaken by one RN, RM, EN (without a notation) provided they are under direct and continuous supervision of one RN / RM.
- Are permitted to be the third person preparing, witnessing and administering an injectable intravenous bolus / intermittent and continuous medication OR medication to be administered via the intramuscular or subcutaneous bolus routes which requires a 2nd RN, RM, EN (without a notation) witness / check.
- Pre-enrolled diploma students and re-entry enrolled nurses (not undertaking IV modules) are not permitted to be the third person preparing, witnessing and administering an injectable intravenous bolus medication which requires a 2nd RN, RM, EN (without a notation).
- The supervising RN/RM retains accountability for the all nursing / midwifery students with regard to medication management.
- All undergraduate or postgraduate nursing / midwifery students, pre-enrolled diploma students, or re-entry registered nurse / midwife / enrolled nurse undertaking a placement within a clinical area working with paediatric / neonatal patients, may only be involved in paediatric / neonatal medication management as the third person with a minimum of one core RN / RM.

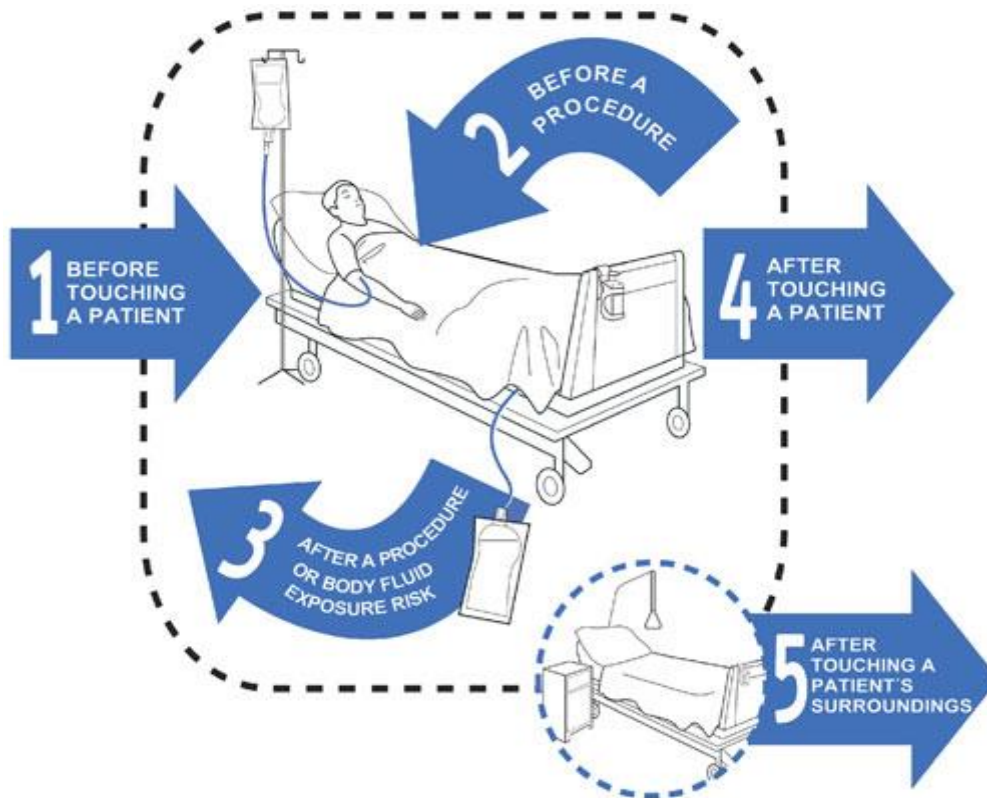
(NALHN 2021)

HAND HYGIENE

Hand Hygiene is ‘everybody’s business’ and is the single most effective and basic infection control strategy to prevent cross-transmission of infection.

The most common way that harmful organisms are transmitted between patients in healthcare settings is on the hands of both clinical and non-clinical staff that have direct contact with patients or the patient environment (NALHN 2018).

It is expected that all students on clinical placement in NALHN will adhere to the five moments of hand hygiene.



For further information refer to [Hand Hygiene Australia | HHA](#), the [SA Health Hand Hygiene Clinical Guideline](#) and the [SA Health Hand Hygiene Policy Directive](#)



LIBRARY FACILITIES

Whilst on clinical placement the Library supports your information needs by providing access to a wide range of books, journals, audiovisual and electronic resources. The Library is open from 0830 – 1700 Monday – Friday, and is accessible with an LMH student access badge . The Library staff are available to assist you in locating specific resources you may require. Students are welcome to use this facility whilst on placement at LMH.

CONTINUING EDUCATION ACTIVITIES

The LMH offers extensive in-service and hospital wide education programs. In-service sessions are advertised on the NALHN Capability and Self Development Calendar located in ward areas or accessed via the Intranet. Students are welcome to attend general in-service sessions. The W&C Division additionally has a designated professional development calendar for midwifery education. The calendar is displayed throughout the W&C Division and midwifery students are welcome to attend. Please note that the monthly staff forum is not available to students.

Please note pre-booked programs and mandatory competency updates are not available to students.

Please contact the **Nursing and Midwifery Education, Research and Practice Development Department** ext. 20783, or our Nurse/Midwife Educators, if you have any queries regarding attendance.

INTRANET

Information can also be found on the Lyell McEwin Hospital Intranet via *Inside Northern* tab. Please ask the midwifery staff for assistance to access the Intranet and the Policy, Procedure and Guideline (PPG) portal for up to date information.

The W&C Division follows the State Perinatal Practice Guidelines which can be accessed at the desktop on the computers located in the nursing and midwifery station of individual units.

ANTENATAL EDUCATION CLASSES

You are welcome to attend antenatal classes which are held in the evenings in the parent education room. To book contact the antenatal parent educators on 0477 341 396 or 8182 9431

BABY FRIENDLY HEALTH INITIATIVE

The Lyell McEwin Hospital is proud to be Baby Friendly accredited and as such is committed to promoting, supporting and protecting breastfeeding. We offer all women education on breastfeeding antenatally, and the breastfeeding policy is available in all clinical areas. As a midwifery student you will be expected to be



familiar with the 'Ten Steps to Successful Breastfeeding' and to support women in their choice of infant feeding.

The Breastfeeding Policy and NALHN Breastfeeding Best Practice Guidelines (NALHN SSI01412 2017) can be found on the intranet page listed above. It is recommended that you read these guidelines and become familiar with baby friendly practices during your placement.

CONFIDENTIALITY

It is expected that all students on placement will always maintain privacy and confidentiality. This includes not divulging patient's personal information on social networking sites and only accessing patient information for direct patient care. This includes information regarding health professionals. No information is to be provided to the media and midwifery students are not permitted to take photos of women and their babies. All midwifery students are expected to be aware of and act in accordance with the Code of Conduct for Midwives in Australia (March 2018), Midwife Standards for Practice (Oct 2018) and the International Confederation of Midwives Code of Ethics for Midwives (March 2018).

CLINICAL PLACEMENT EVALUATION

Prior to completion of the clinical placement all midwifery students are asked to provide NALHN with a completed placement evaluation. The placement evaluation is designed in accordance with best practice guidelines for clinical education and provides us with an indication of the quality of placement.

Please fill out the evaluation form at the end of this booklet, detach and return the completed evaluation via internal mail to the Nursing, Midwifery Education, Research & Practice Development Department. DX 465 649 or complete electronically via the QR code or at: <https://forms.office.com/r/3UsiTmnWYq>



NURSING AND MIDWIFERY EDUCATION, RESEARCH AND PRACTICE DEVELOPMENT DEPARTMENT CONTACT DETAILS

Donna Boord: Midwife Educator: Women & Children's Division

Phone: 8282 1202

Pager: # 47109

Email: donna.boord@sa.gov.au

Leanne Mills/Liz Schlothe: Neonatal Nurse Midwife Educators

Phone: 8282 0788

Pager # 6053

Jayne-Lee Matthews: AIN Coordinator / Student Support

Phone: 8282 0269

Mobile: 0466 945 418

Heidi Davis: Acting Administrative Assistant

Phone: 8282 0783

Fax: 8282 0786

DX: 465 649

TBA: Nursing Director: NMERPDD

Please contact the Nursing and Midwifery Education, Research and Practice Development Department if you require any further information.



WOMEN & CHILDREN'S DIVISION CONTACT DETAILS

Family Clinic:

A/NMUM: Meredyth Frappell 8282 1601 Email: Meredyth.frappell@sa.gov.au
Midwives station: 82821613

Home Visiting Midwives:

NMUM: Jo Clarke 81829001 Email: jolene.clarke@sa.gov.au
Office: 8182 9252

Modbury Antenatal Clinic:

NMUM: Nola Dewhurst 81612289 Email: nola.dewhurst@sa.gov.au
Reception: 81612154

Northern Area Midwifery Group Practice:

NMUM Amy Rigano 82820355 Email: amy.rigano@sa.gov.au
GP Room: 8133 2221

To page NAMGP call **8182 2900** and ask for NAMGP midwife

For clinical placement and COCE enquiries contact Melissa Papalia: Melissa.Papalia@sa.gov.au

Contact at least one week prior to placement for roster

Special Care Nursery:

NMUM Monica Ryan: 81829039 Email: monica.ryan@sa.gov.au
Ward clerk: 81829101

Women's Assessment Unit:

NMUM Michelle Marsh: 82821295 Email: michelle.marsh@sa.gov.au
Ward clerk: 8282 1303

Contact at least one week prior to placement for roster

Women's Health Unit:

NMUM: Nicole Cullinan 8182 9192 Email: nicole.cullinan@sa.gov.au
Ward clerk: 8182 9380

Divisional Director, Nursing and Midwifery Director:

Meredith Hobbs

Acting Management Facilitator:

Jo Lawlor

Please contact the Midwife Educator if you require any further information.
We hope you have a positive and rewarding placement experience.



LYELL MCEWIN HOSPITAL SITE MAP





REFERENCES

Northern Adelaide Local Health Network 2021, *Nursing and Midwifery Medication Management and Administration*, NAHLN Policies, Procedures and Guidelines OWI00551, viewed 17 Oct 2022.

Northern Adelaide Local Health Network 2018, *Infection Control – Hand Hygiene*, NALHN Policies, Procedures and Guidelines OWI 00349, viewed 17 Oct 2021

Nursing and Midwifery Board of Australia 2018, *Midwife Standards for Practice*, AHPRA 2018, viewed 17 Oct 2022

Nursing and Midwifery Board of Australia 2018, *Code of Conduct for Midwives*, AHPRA 2018, viewed 17 Oct 2022

Northern Adelaide Local Health Network 2021, *Breastfeeding – Best Practice Guidelines*, NALHN Policies, Procedures and Guidelines SSI01412, viewed 17 Oct 2022



CLINICAL PLACEMENT EVALUATION

NALHN 2022

MIDWIFERY STUDENTS

Please return completed survey in an internal envelope to:

Midwifery Education DX 465649

Or complete this survey electronically at: <https://forms.office.com/r/3UsiTmnWyg>





2022 NALHN Midwifery Student Clinical Placement Evaluation

We aim to provide a positive learning environment for midwifery students at NALHN. Your feedback enables us to improve and evaluate our practice. Thank you for taking the time to complete this survey.

1. Please indicate current year level

- 1st year undergraduate midwifery student
- 2nd year undergraduate midwifery student
- 3rd year undergraduate midwifery student
- postgraduate/RN entry midwifery student
- Other (please specify)

2. Education provider

- University of South Australia
- Flinders University
- Charles Sturt University
- Charles Darwin University
- Other (please specify)

3. Placement allocation and dates

Ward area

Dates of placement



4. Using the scale provided, please indicate your opinion of the quality of the overall experience of this clinical placement (i.e. were you able to meet your learning objectives?)

- Excellent
- Very good
- Good
- Satisfactory
- Poor

Comments

5. My induction to the ward/unit was comprehensive?

- Strongly agree
- Agree
- Neutral
- Disagree
- Strongly disagree

Comments

6. I had access, at ward/unit level to relevant, up to date information and resources to facilitate learning?

- Strongly agree
- Agree
- Neutral
- Disagree
- Strongly disagree

Comments



7. I had adequate supervision and guidance during this clinical placement?

- Strongly agree
- Agree
- Neutral
- Disagree
- Strongly disagree

Comments

8. Guidance and feedback offered by the midwives was constructive and forthcoming?

- Strongly agree
- Agree
- Neutral
- Disagree
- Strongly disagree

Comments

9. The midwives were approachable for clarification and feedback?

- Strongly agree
- Agree
- Neutral
- Disagree
- Strongly disagree

Comments



10. Would you please comment on the factors that had a positive effect on your learning experience for this ward/unit?

11. Would you please comment on the factors that you feel may have inhibited your learning experience for this ward unit?

12. Is there anything that in your view could be changed or done differently to further develop the clinical learning environment in this ward/unit?

13. How likely is it that you would recommend this clinical placement provider to a friend or colleague?

- Very likely
- Somewhat likely
- Neither likely nor unlikely
- Somewhat unlikely
- Very unlikely

14. Other comments

