

Bachelor of Sport, Health and Physical Activity Study Planner:



Applied Sports Science Major

First Level	Semester 1	HLPE1550 Introduction to Sport and Physical Activity	HLPE1551 Sociology of Sport and Physical Activity	HLPE1553 Learning on Country	Major HLPE1552 Human Functional Anatomy in Sport and Exercise
	Semester 2	HLPE1531 Inclusive and Adaptive Practices in Sport and Physical Education	HLPE1554 Introduction to Coaching Pedagogy and Practices	HLPE1556 Foundation Studies in Health Education	Major NUTD1106 Nutrition, Physical Activity and Health
Second Level	Semester 1	HLPE2300 Foundations of Sport Psychology	HLPE2530 Physical Activity and Health HLPE1531 or HLPE1550	Major HLPE2404 Sports Technology and Innovation	Major HLPE2402 Physiological Testing in Sport HLPE1550 or HLPE1552
	Semester 2	HLPE2531 Sport and Physical Education HLPE1531 or HLPE2530	HLPE2532 Exercise Physiology for Physical Educators HLPE1531 or HLPE1550	Major HLPE2405 Performance Analysis and Data Analytics in Sport	Major HLPE2533 Exercise Prescription and Physiology HLPE1552 or HLPE2532
Third Level	Semester 1	HLPE3531 Skill Acquisition and Biomechanics for Physical Educators 2 of HLPE2530, HLPE2531, HLPE2532, HLPE1531	HLPE3550 Industry Field Placement Project HLPE2532	Elective	Major HLPE3415 Injury Prevention and Rehabilitation Practices in Sport HLPE1552 & HLPE2533
	Semester 2	HLPE3533 Applied Exercise Science HLPE3531	HLPE3534 Introduction to Sport Coaching, Management and Administration 63 units	HLTH2106 Project Management for Health Promotion 36 units	Major HLPE3601 Sport Coaching Science

Key:

Core Topics
Major
Elective
Prerequisite Topic

Please note:

- This document is provided as a guide only. Students are responsible for ensuring that they have completed their study according to the official [Course Rule](#).
- Topic pre-requisites are noted in red, these topics cannot be undertaken without having passed the pre-requisite topic/s, unless course co-ordinator approval is given.
- Topic information for all topics, including pre-requisites can be found on the [Topic Page](#).
- General enrolment assistance is available via [Ask Flinders](#).
- For specific course advice e-mail: CourseAdvice.EPSW@flinders.edu.au.