

SUPPORT CONTACTS



OFFICE OF GRADUATE RESEARCH
AUGUST 2021

Flinders University Health and Counselling:

Monday to Friday (8.45am-5pm)	08 8201 2118
After hours (5pm-9am)	1300 512 409 (phone) 0488 884 103 (text)

The University provides a free and confidential counselling service (up to 6 sessions per year) that is available to all undergraduate and postgraduate students, including students studying entirely online.

<https://students.flinders.edu.au/support/hcd/counselling>

Contact Numbers:

Lifeline	13 11 14
Lifeline Text	0477 131 114
Kids Helpline	1800 551 800
1800RESPECT	1800 737 732
Suicide Call Back	1300 659 467
Beyond Blue	1300 224 636
Headspace	1800 650 890
QLife	1800 184 527
Relationships Australia	1300 364 277
National Alcohol and Other Drug Hotline	1800 250 015
National Indigenous Critical Response Service	1800 805 801
The Butterfly Foundation	1800 334 673